

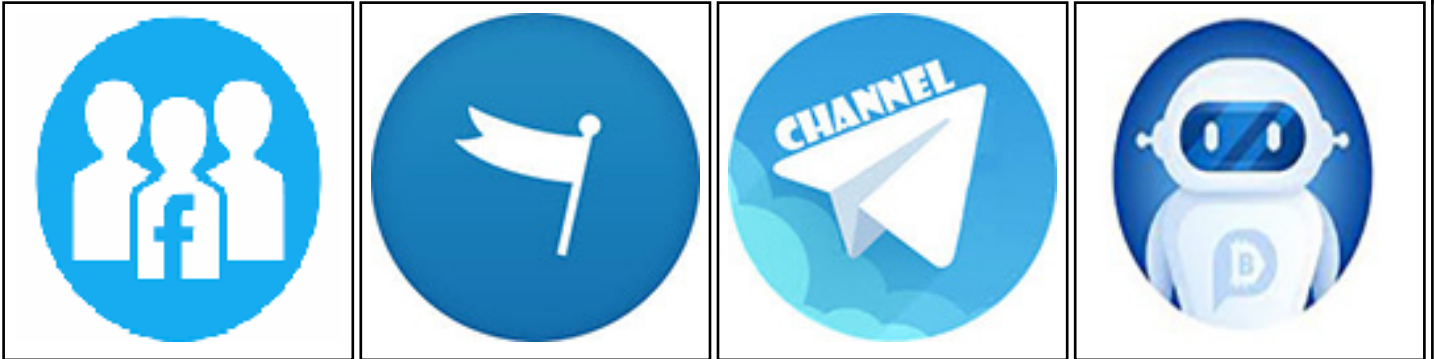
تم تحميل هذا الملف من موقع المناهج الكويتية



الملف Wealth is Health

موقع المناهج ⇨ ملفات الكويت التعليمية ⇨ الصف الرابع ⇨ لغة انجليزية ⇨ الفصل الأول

روابط مواقع التواصل الاجتماعي بحسب الصف الرابع



روابط مواد الصف الرابع على تلغرام

[الرياضيات](#)

[اللغة الانجليزية](#)

[اللغة العربية](#)

[التربية الاسلامية](#)

المزيد من الملفات بحسب الصف الرابع والمادة لغة انجليزية في الفصل الأول

كتاب الطالب في مادة اللغة الانكليزية منهج كفايات	1
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نموذج اختبار قصير 2 في مادة اللغة الانكليزية للرابع	3
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تمارين ممتازة للكورس الاول في مادة اللغة الانكليزية للرابع	5



Complete the chart, then write

Healthy Habits	Sun	Mon	Tue	Wed	Thurs	Fri	Sat
Use fitness App	✓	✓	✓	✓	✓	✓	✓
Stretch before exercise							
Eat healthy breakfast							
Get rest							

- I use the fitness app every day to keep fit.
- On weekends, I Stretch before exercise.
- It is important to get rest and sleep every night.



Choose the correct answer from a, b, c or d

- Exercising every day is a good
 a. habit b. fitness c. app d. brain
- I before running.
 a. spend b. hear c. stretch d. hurt
- Reem read a/an book about animals yesterday.
 a. healthy b. interesting c. smart d. sharp
- Noura needs a bike to go
 a. coach b. cycling c. engine d. hose





Correct the verbs between brackets

1. I like helping (help) people.



2. My mother likes (like) cooking food.



3. They enjoy Playing (play) together.



4. Grandpa enjoys (enjoy) reading Quran.



Choose the correct answer from a, b or c

1. water every day.

a. Drinks

b. Drink

c. Drinking

2. I enjoy with my friends at the park.

a. walking

b. walks

c. walk

3. early to rest your brain!

a. Sleeps

b. Sleeping

c. Sleep



Write the missing words to complete sentences



1. Ms. Amal lives a healthy **lifestyle**.



2. They **Stretch** their legs before they run.



Write a short paragraph about 'Healthy Habits with the help of the following pictures and guide words

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1



(do-exercise)

2



(brush-teeth)

3



(eat-healthy)

4



(sleep-early)



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?

Title: **Healthy Habits**

I have many healthy habits. I do exercise every day to keep my body strong. I brush my teeth twice a day to stay clean. I always eat healthy food to get energy. I also sleep early at night to feel fresh and happy. These habits help me stay healthy and active.





Classify the food items into the food groups

5/7



yoghurt



bread



avocado oil



eggs



salad

Fats

Avocado
Oil

Dairy

Yoghurt

Proteins

Eggs

Fruit and
vegetables

Salad

Grains

Bread



Complete the sentences

fats – dairy – vitamins – protein – grains – energy

1. Apples and carrots give you lots of vitamins.



2. Milk and cheese are dairy.



3. Rice and bread are grains.



4. Meat and eggs give your body Protein.



5. Cake and butter are fats.



Grammar



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Complete using (going to)

1. Next week, I am going to eat (eat) more fruit and vegetables.2. They are going to visit (visit) their grandfather.3. My sister is going to walk (walk) to school with me.

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4. We are going to play (play) football in the park.

Choose the correct answer from a, b or c

1. your hands before you eat.

a. Wash

b. Washing

c. Washed

2. I going to eat healthy food to keep fit.

a. is

b. am

c. are

3. Fahad enjoys on the beach.

a. runs

b. run

c. running

3. They are going to football after school.

a. played

b. play

c. playing





Fill in the graphic organiser then use it to write a paragraph about your 'Lifestyle'. The following guide words may help you

Guide words

sports club – healthy – water – sweets – fats – keep fit

1. Where do you play sport?

I play sport at the sports club and sometimes at school.

2. What do you drink?

I drink lots of water every day to stay healthy.

3. What do you eat?

I eat healthy food like fruits, vegetables, and rice to keep fit.

4. What shouldn't you eat?

I shouldn't eat too many sweets or foods with a lot of fats.



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?



Title: My Healthy Lifestyle

I play sport at the sports club and at school to keep fit. I drink lots of water every day because it is healthy. I usually eat fruits, vegetables, rice, and other healthy food. I don't eat too many sweets or fatty food because they are not good for me. This lifestyle helps me stay strong and healthy.

2

UNIT 2

Celebrations and Religious Events



Celebrations and Religious Events

Vocabulary



/ / 20



Choose the correct answer from a,b,c or d

1. He is a good boy. He speaks with his teacher.

- a. loudly b. politely c. usefully d. next

2. We must always our parents and teachers.



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- b. respect c. decorate d. attend

3. Hajj is the fifth of Islam.

- a. concert b. bead c. pillar d. block



Read and complete from the list

carry

thankful

patient

around

journey

beads

1. She wears a necklace made of colourful beads .

2. Hajj is a special journey .

3. Muslims walk the Kaaba around .

4. This bag is heavy to carry .

5. Be patient and wait for your turn .



Complete the dialogue using (going to)

Ahmad: What are you **going to** do, Salem?

Salem: I am going to go to cinema with my father.

Ahmad: When are you going to go?

Salem: We are going to go at eight o'clock.

Ahmad: Have fun!

Salem: Thank you, Ahmad!



Choose the correct answer from a, b or c

1. Tomorrow, we are visit my grandmother.

- a. **going to** b. go to c. went to

2. She is going to new clothes, next Friday.

- a. bought b. buys c. **buy**

3. I going to play games with my cousins.

- a. is b. was c. **am**



Fill in the graphic organiser, then use it to write a paragraph about 'Ramadan'. The following guide words may help you

Guide words

special - month - fast - teaches - patient - Eid Al-Fitr

1. What is Ramadan?

is a special month

2. What do Muslims do?

fast

3. What does Ramadan teach us?

it teaches us patient

4. What comes after Ramadan?

Eid Al-Fitr



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?

Title: Ramadan

Ramadan is a special month. Muslims fast in Ramadan.
Ramadan teaches us patient. Eid Al-Fitr comes after Ramadan



Read, classify then find the correct meaning

Read		Classify	Meaning	
1	parade	noun	3	A National Song.
2	unity	noun	4	To plan something.
3	anthem	noun	1	A group of people walking or marching for celebration.
4	organise	verb	5	Done in an old or usual way.
5	traditional	adjective	2	Being together as one.



Reorder letters to form words, then fill in the spaces

nyuti unity
eaadrp parade
rpotofo rooftop

- We show unity when we help each other.
- We watched the parade on National Day.



Read and correct the verbs between brackets using 'Past Tense'



Last week, I visited (visit) my grandmother's house.

She decorated (decorate) her house. She cooked (cook)

delicious food. We ate (eat) a big dinner together.

My cousins came (come) to play with me.

We had (have) fun.



Choose the correct answer from a, b or c

1. Yesterday, Nasser a movie.

a. watch

b. **watched**

c. watches

2. They a music concert last Thursday.

a. **attended**

b. attend

c. are attending

3. What you do four days ago?

a. are

b. does

c. **did**



Fill in the graphic organiser then use it to write a paragraph about "My Friend's Party". The following guide words may help you

Guide words

went – friend's party – Saturday – house – ate – cake

1. What did you do last week?

I went to my friend's party.

2. When was the party?

on Saturday

3. Where was the party?

in my friend's house

4. What did you do there?

I ate cake



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?



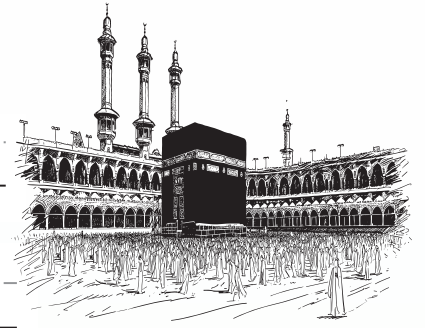
Title: My Friend's Party

Last week, I went to my friend's party. The party was on on Saturday. It was in my friend's house. I ate cake.

Trace and copy

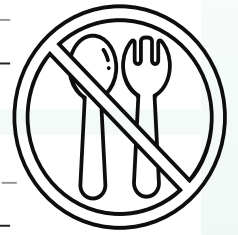
Hajj is the fifth pillar.

Hajj is the fifth pillar.



Muslims fast in Ramadan.

Muslims fast in Ramadan.



I watched a movie yesterday.

I watched a movie yesterday.



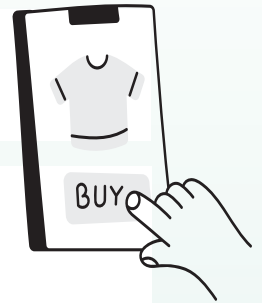
I am going to ride a bike.

I am going to ride a bike.



He is going to buy a shirt.

He is going to buy a shirt.



She prepared a tasty meal.

She prepared a tasty meal.



Discover the Animal World

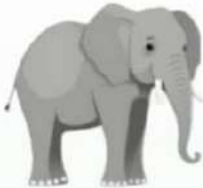
Vocabulary



/ / 20



Match the animals with their description

No.	Animal	No.	Description
1	 2		It has eight long arms and lives in the ocean.
2	 1		It is big and grey, and has a long trunk.
3	 4		It lives in the desert and can run fast.
4	 3		It is smart and can jump high in the water.



Read the sentences and tick (✓) or (✗)

1. Flamingos live near the sea.

2. Dolphins can swim fast.

3. Lizards fly in the sky.

4. Octopuses can spray ink.

☐
☐
☐
☐



Read the sentences, choose and correct

1. The rabbit is (**big** /small) **bigger** than the bird.



Shorter

2. The lizard is (**long**/short) _____ than the crocodile.



Faster

3. The train is (**fast**/slow) _____ than the car.



4. The fish is (**big**/small) **smaller** than the dolphin.



Choose the correct answer from a, b or c:

1. My mother coffee every day.

a. drinks

b. drank

c. drinking

2. The whale is than the dolphin.

a. big

b. bigger

c. bigges

3. I my homework now.

a. write

b. writing

c. am writing

4. Last week, we our teacher in the classroom.

a. help

b. helped

c. are helping



Fill in the graphic organiser, then use it to write a paragraph about your favourite animal

1. What is your favourite animal?

My favourite animal is the dog.

2. Where does it live?

Dogs live in houses with people, on farms,

3. What does it eat?

Dogs eat meat and bones

Dogs have fur, four legs, a tail, and a wet nose



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?

My Favourite Animal

My favourite animal is the dog. Dogs live in houses with people, on farms and sometimes in animal shelters. They eat meat, bones and treats. Dogs have fur, four legs, a tail and a wet nose. They are friendly, loyal and playful. I like dogs because they are good friends



Choose the correct answer from a, b, c or d

1. My dad brought me milk.

a. wild

b. warm

c. shiny

d. smart

2. Yesterday, I saw a wild in the desert.

a. octopus

b. dolphin

c. whale

d. fox

3. I bought two for the museum.

a. trainers

b. tickets

c. tentacles

d. bones



Complete the sentences with words from the list

curved - tentacles - spray - heavy - hoop

1. The flamingo's neck is tall and **curved**.



2. The dolphin can jump through a **hoop**.



3. The whale is very **Heavy**.



4. An octopus has eight

tentacles





Find the words

1. lizard
2. shiny
3. wild
4. shrimp
5. fox

6. warm

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g	w	i	d	a	d	
t	n	h	u	g	g	
	g	h	j	k	l	u
	l	i	z	a	r	d
	o	w	e	t	t	y
n						f

Spelling



Read, combine

1. small + er =

smaller

2. heavy + est =

heaviest

3. fast + er =

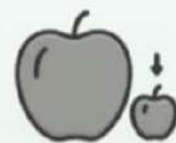
faster

4. short + est =

shortest

5. big + er =

bigger





Fill in the graphic organiser, then use it to write a paragraph about 'A gazelle'. The following guide words may help you

Guide words

sand – wild – desert – grass – run – fast

1. What is this animal?

A gazelle

2. Where does it live?

in desert

3. What does it eat?

grass

4. What does it do?

run very fast



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?



Title: A gazelle

This is gazelle. It is wild animal. It lives in the desert. It eats grass. It runs very fast.

Vocabulary



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Read and choose the right word from a, b, c or d

1. My brother is a poet, he likes to write about flowers.

a. poems

b. states

c. capitals

d. trips

2. The old city on the mountains.

a. sprays

b. lies

c. rings

d. rides

3. Kuwait's has many traditional songs and food.

a. meaning

b. poem

c. culture

d. poet



Decode, then complete the sentences

a	b	c	d	e	f	g	h	i	j	k	l	m
n	o	p	q	r	s	t	u	v	w	x	y	z

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 --- **magazine** ---

 --- **Capital** ---
1. This **Magazine** is full of pictures of old places in Kuwait.2. Tokyo is the **Capital** of Japan.



Read and complete



At 9 o'clock on Sunday, December 1st 2010, the Kuwaiti Football Team won the Gulf Cup.

What were these people doing at 9 o'clock when the footballer scored the goal?



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They were Singing
when the footballer scored the goal.



Salem was riding his bicycle
when the footballer scored the goal.



The children were eating
when the footballer scored the goal.



My sister was washing the dishes.
when the footballer scored the goal.



Rewrite using the proper punctuation marks

last month, i went to dubai with my family the weather was very nice we went to dubai mall at the mall we watched a movie had lunch and bought new clothes it was a fantastic day.

Last month, I went to Dubai with my family. The weather was very nice. We went to Dubai Mall. At the mall, we watched a movie, had lunch, and bought new clothes. It was a fantastic day.



Write an email about your beautiful country. The following guide words may help you

trip – visit – beautiful – places – enjoy – friendly

Send

Save New

Discard

To:

To: My Friend

Subject:

Subject: My Beautiful Country

Hello,.... Hello,.....

I want to tell you about my beautiful country, Kuwait.

It is a wonderful place to visit. There are many beautiful places to see, like the Kuwait Towers and the beaches. The people are very friendly, and you will enjoy your trip here. I hope you can visit someday!

Yours,

[Your Name]

Yours,.....



Fill in the blanks with the suitable word from the list

chopsticks, island, actually

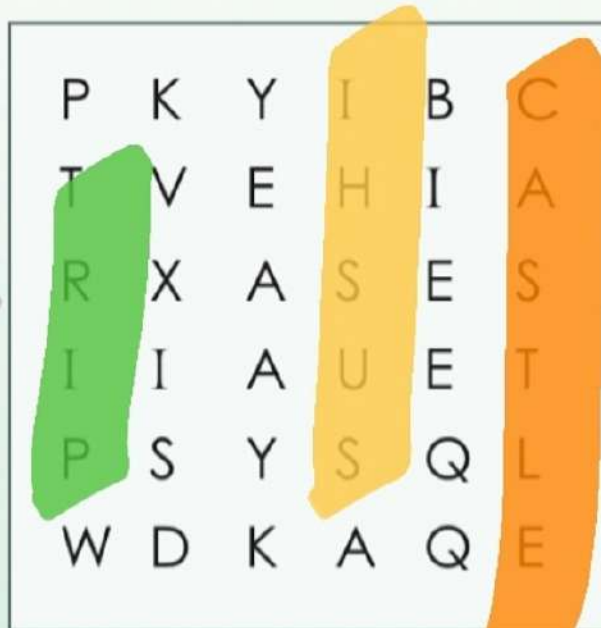
1. Actually, it was a good day to play in the park.

2. Let's go to Faika Island by boat.



Find the words, then complete the sentences

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1. My family went on a trip to Qatar last year.

2. There is an old castle near my grandfather's house.

3. Sushi rolls is my sister's favourite food.



Correct the verbs between brackets



The sheep **Jumped** (jump) over the fence yesterday.



This morning, the cat **Was sitting** (is) (sit) on the tree.



Sara **Played** (play) on the beach last Friday.



Last week, my brother **ran** (run) through the park.



Choose the correct answer from a, b or c:

1. The boy was riding his bike when he on the ground.

a. falling

b. falls

c. fell

2. The man sick, he went to see the doctor.

a. is

b. be

c. was

3. Last Monday, we a long movie on TV.

a. watched

b. watch

c. are watching



With reference to the fact file, choose a country and write a paragraph about it

Flag	Country Name	Capital	Currency	Famous Places
	Kuwait	Kuwait City	Kuwaiti Dinar	Kuwait Tower
	Saudi Arabia	Riyadh	Saudi Riyal	Makka
	Japan	Tokyo	Yen	Mount Fuji



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?

Title: My Country Kuwait

Kuwait is a beautiful country in the Middle East. The capital city is Kuwait City. The currency used is the Kuwaiti Dinar. One of the most famous places in Kuwait is the Kuwait Tower. People in Kuwait are friendly and kind. I love my country very much. 