

تم تحميل هذا الملف من موقع المناهج الكويتية



إعداد: School Primary Katheer Bin

الملف تدريبات المفردات والاستيعاب المقروء مع الحل

موقع المناهج ← ملفات الكويت التعليمية ← الصف الرابع ← لغة انجليزية ← الفصل الأول

روابط مواقع التواصل الاجتماعي بحسب الصف الرابع



روابط مواد الصف الرابع على تلغرام

[الرياضيات](#)

[اللغة الانجليزية](#)

[اللغة العربية](#)

[التربية الاسلامية](#)

المزيد من الملفات بحسب الصف الرابع والمادة لغة انجليزية في الفصل الأول

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تحميل تطبيق المناهج للهواتف الذكية

تطبيق المناهج على Google Play (أندرويد)

تطبيق المناهج على Store App (آبل)

Name: Class : 4 /

II- Reading
Vocabulary

Model Answer

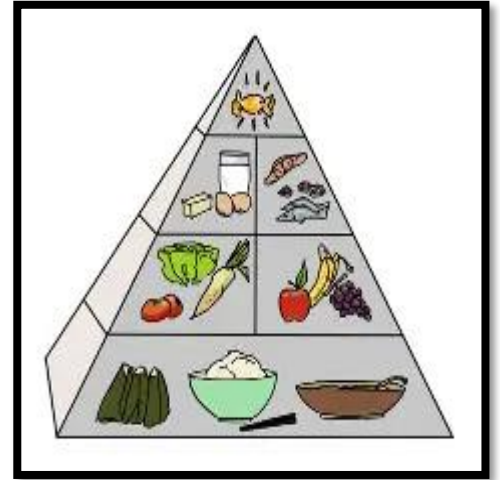
Choose the correct answer from a, b, c or d:

1. Brushing your teeth every night is a good..... .
a. **habit** b. dairy c. app d. fitness
2. You can.....your free time reading a good book.
a. rest b. **spend** c. stretch d. warm up
3. Waleed always gets full marks because he is
a. little b. **smart** c. sad d. hydrated
4. We are going to the with my father next week.
a. brain b. energy c. vitamin d. **walkathon**
- 5- You should drink water to stay during summer.
a- excited b- **hydrated** c- interesting d. smart
- 6- Milk and cheese are products.
a- brain b- habit c- stadium d. **dairy**
- 7- Food gives us to study and play.
a- **energy** b- coach c- cycling d. app
- 8- You should before doing exercises.
a- do judo b- spend c- **warm up** d. stay
- 9- Meat and fish are good sources of
a- **proteins** b- fats c- dairy d. grains
10. My brother is going to the to watch the match.
a. walkathon b. **stadium** c. coach d. habit

Reading Comprehension

Read the following passage, then answer the questions below: -

The food pyramid is a simple guide that helps people eat healthy food. It shows different food groups and how much we should eat from each group. At the bottom of the pyramid are grains, such as bread and rice. We should eat more of these foods. Fruits and vegetables are in the middle, and they provide vitamins and minerals. Milk, cheese, meat, fish, and beans are higher up. They help the body grow and stay strong. At the top are sweets and fats, which should be eaten in small amounts. The food pyramid helps us choose balanced meals and maintain good health every day.



A-Choose the correct answer from a, b c and d:

1- The **best** title for this passage could be.....

- a) Healthy Exercise Habits
- b) **The Food Pyramid**
- c) Different Types of Grains
- d) How to Cook Food

2- The meaning of the underlined word "**provide**" in line (7) is.....

- a) **give**
- b) eat
- c) drink
- d) walk

3- The underlined word "**It**" in line (2) refers to:

- a) healthy food
- b) Fruits and vegetables
- c) **the food pyramid**
- d) grains

4- help the body grow and stay strong.

- a) Food group
- b) Fruits and vegetables
- c) Small amounts
- d) **Milk, cheese, meat and beans**

B- Answer the following question:

5- Which food group is at the bottom of the food pyramid?

Grains such as bread and rice are at the bottom of the food pyramid.