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للحصول على جميع روابط الصفوف على تلغرام وفيسبوك من قنوات وصفحات: اضغط هنا [bot_kwlinks/me.t//:https](https://t.me/bot_kwlinks)

الروابط التالية هي روابط الصف الثاني عشر على مواقع التواصل الاجتماعي

مجموعة الفيسبوك

صفحة الفيسبوك

مجموعة التلغرام

بوت التلغرام

قناة التلغرام

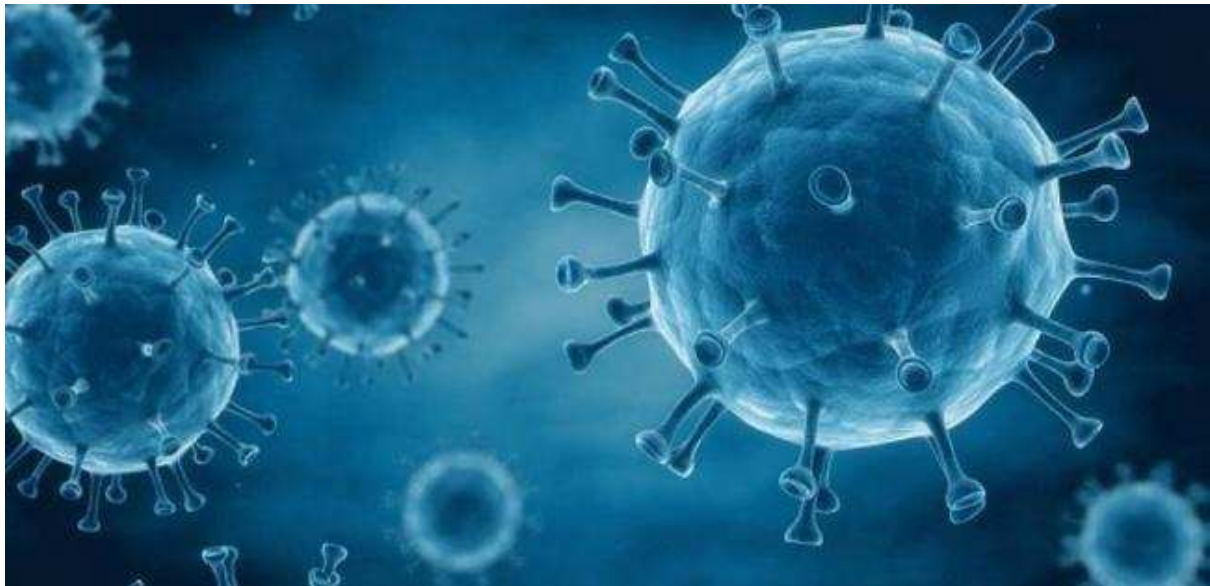
رياضيات على التلغرام



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CLASS : 12 – A – 1 ♥□

MY TEACHER : SOHIER MABROK ♥□



REPORT : COVID-19 VIRUS

I wondered a lot , would my life have continued normally if COVID-19 hadn't come ? I think yes , it would have continued normally . COVID-19 has entered my life . This virus held me back from doing a lot . It also gave me a chance to do a lot . I think this virus is coming to rearrange my life.

COVID-19 completely changed my life . I used to wake up every morning and go to school , but that became impossible , as the schools were closed . I also intended to travel , but this also was impossible because the flight had stopped . It became very difficult to go outside . At the beginning of the virus , we were sitting at home all the time , I was bored . I tried to fight this feeling , so I was chatting with my friends all the day . I spent most of my time between sleeping , eating , and phone . I told my self at the end , it's enough, I am really bored . I have to do something new and useful . I started reading books to increase my information . I also exercised to lose weight which was a challenge for me. I also went to read the Qur'an . We really have moved away from it and now we need it.

Three months or more ago , I was infected with COVID-19 . I was quarantined with my father and sister for 12 days . I had many symptoms, my temperature raised, my appetite for food was low, and I couldn't sleep well or for long time . After that I did another analysis , and it came negative . I can't describe my happiness at that moment . I told myself, now I could go out and see the world again , but the doctor told me that the quarantine must continue for another 14 days . At the end of that , I went out and returned to my family . I came back to my life again . After this period, I felt the value of being with my family, so i became sitting with them most of the time.

Last but not least, I have learned many lessons from COVID-19 . One of the important, I must adhere to home isolation, and if I go out, I must wear a mask, use alcohol as a hand sanitizer, and prohibit being in crowded places. We always need God to survive. I also learned that life is too short so we should enjoy it. In addition, never waste your time when you can do a lot of things. Most of all these, health is really wealth.

